

NDIS



**Support for you,
your family,
and your carers**



Where mental wellbeing thrives

WHAT IS THE NDIS?

The NDIS – the National Disability Insurance Scheme - is for people who need assistance taking part in everyday life.

Some mental health issues can make it hard to do day-to-day things like finding a job, going to work or training, catching up with friends, looking after your health - or just getting out and about.

If this is the case for you, you may be able to get support from the NDIS. The NDIS provides funding to you, and you get to decide the supports you want to buy. This means you are in charge, and you choose what you need to live the life you want.

The money for the NDIS is funded through the tax system. The costs are shared across the whole community.



WHO IS ELIGIBLE?

You may be eligible for the NDIS if:

- You are under 65
- You permanently live in Australia
- You have an ongoing mental health issue that affects your ability to do everyday things

Not eligible for the NDIS?

If you are not eligible for the NDIS, we have other programs that you may qualify for. We could also connect you with those in the community who could help. **Talk to us to find out more.**

OUR NDIS SERVICES

Flourish Australia is a registered NDIS provider. We support people who have a complex mental health issue to live the life they want to live. We have been in business since 1955 and have assisted many people to:

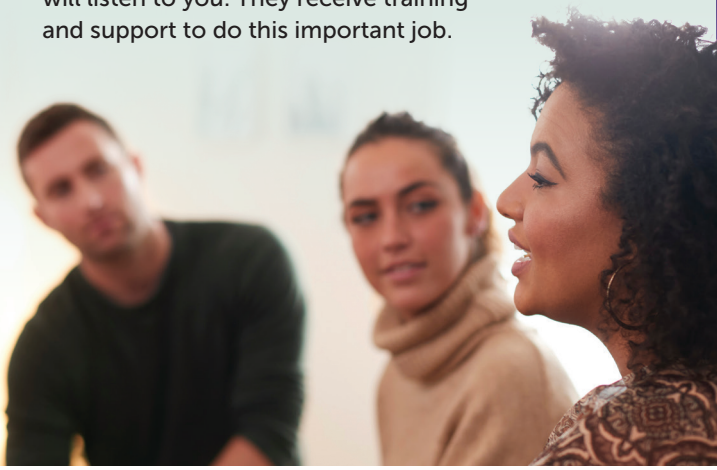
- Find a job
- Undertake training or study
- Make friends
- Connect with their communities
- Sort out day-to-day issues
- Find a place to live
- Stay healthy
- And much more

The most important things to us at Flourish Australia are your health, wellbeing, and recovery journey.

OUR STAFF

Our staff are here to support you. We value lived experience and the knowledge it brings: over 55% of our staff identify as having a lived experience of a mental health issue.

Another proven and strengths-based approach we offer is through our Peer Workforce. Like you, our peer workers are on their own recovery journeys. They will walk side-by-side with you as an equal and will listen to you. They receive training and support to do this important job.



WAYS THAT FLOURISH AUSTRALIA CAN ASSIST

At Flourish Australia, we can assist you to:



**Find out if you can
access the NDIS**



**Think about your current
needs, goals, and supports**



**Meet with your NDIS
planner and get a plan**



**Decide which service providers
you want support from**



Put your plan into action

WE ARE HERE TO HELP

We know that applying for the NDIS or seeking support can be a confusing and intimidating process.

Contact us and we will help you during all stages of the process.

📞 1300 779 270

✉️ hello@flourishaustralia.org.au

🖱️ www.flourishaustralia.org.au

We will walk alongside you
on your recovery journey, as
well as help you live in the
community, learn new skills,
and do the things that are
important to you



ABOUT US

Flourish Australia is one of Australia's largest and most experienced not-for-profits specialising in supporting people with complex mental health needs for more than sixty years.

With 71 sites across NSW, ACT, Vic, and Qld, the organisation employs more than 1,000 people and provides in-person and digital supports to over 10,000 Australians a year. Such supports assist people to overcome barriers, gain confidence, and learn new skills, which can transform lives.

Our Vision is creating communities where everyone's mental health and wellbeing flourishes.

Our Purpose is supporting people to flourish, believing in their future and their place in the community.

Our Values are upholding trust, respect, hope, inclusion, integrity, diversity, and partnership.

Contact Us

 **1300 779 270**

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